

The University of Oklahoma
Office of Freshman Programs

FRESHMAN SEMINAR
UCOL 1022 — Section
Tuesdays & Thursdays
12:00 p.m. - 1:15 p.m.
Oklahoma Memorial Union, Crimson Room

INSTRUCTORS:

Dr. Becky Barker

Director, Center for Leadership Development
Division of Student Affairs
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Phone: 325-4020
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Office Hours: 8:00 a.m. - 5:00 p.m.

Jay Corwin

Center for Student Advancement
University College
Old Science Hall, Room 311
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8:00 a.m. - 5:00 p.m.

Seminar Topic:

No More Training Wheels...A Leadership Journey

Are you ready for the ride of your life? Take this opportunity to become a front-running freshman. Explore your pathway to leadership: 1) Get a handle on leadership training through exploration in teamwork and self-discovery; 2) Map out who's who at OU and finding your way. Various University Administrators and student leaders will be invited to visit with the class and assist in the networking process; 3) Shift gears on a new personal vision to help assess individual leadership effectiveness and increase your ability to reach full potential as a leader; 4) Ride tandem to make a difference in the community as small groups teach a brief leadership lesson to elementary students in the local community; 5) Just like riding a bike, once you learn the art of creating a resume, completing campus applications, and interviewing, you will always know the best way to represent yourself on paper and in person; 6) Explore leadership in the "real world," as you select a leader in your field of interest to interview and learn more about the many trails there are from which to choose; and 7) Take the lead. You will be challenged to assume the role of a small group leader and ensure your groups success.

This seminar will meet for 11 weeks, twice a week for 75 minutes each, which also includes an out-of-class service learning component. Through this seminar, OU will come to life as a leadership laboratory waiting to be discovered by you. Join us in this challenge. Start peddling!

REQUIRED TEXT: Maxwell, John (January 2001). *Developing the Leader Within You*. 2nd Revised Edition, Thomas Nelson; ISBN: 0785266666.

REQUIRED

MATERIALS: 3-ring binder (no spirals), text, calendar you carry with you

ACCOMMODATION STATEMENT:

"Any student in this class who has a disability that may prevent full demonstration of ability should contact the instructor personally before the end of the first week of classes so that discussion can be held regarding accommodations necessary to ensure full participation and facilitate individual educational opportunities."

PLAGIARISM AND ACADEMIC MISCONDUCT: Title 16 of the Student Code will be upheld in all issues involving cheating or plagiarism and provisions of the Norman Campus Academic Misconduct Code will be applied. Simply put—don't do it.

ACADEMIC INTEGRITY EXPECTATIONS: What does “academic integrity” mean: Academic integrity means honesty and responsibility in scholarship. Professors have to obey rules of honest scholarship, and so do students. Here are the basic assumptions about academic work at the University of Oklahoma: (1) Students attend OU in order to learn and grow. (2) Academic assignments exist for the sake of this goal. (3) Grades exist to show how fully the goal is attained. (4) Thus, all work and all grades should result from the student’s own effort to learn and grow. Academic work completed any other way is pointless, and grades obtained any other way are fraudulent. Academic integrity means understanding and respecting these basic truths, without which no university can exist. Academic misconduct—“cheating”—is not just “against the rules”. It violates the assumptions at the heart of all learning. It destroys the mutual trust and respect that should exist between student and professor. Finally, it is unfair to students who earn their grades honestly. For more information see the following website: www.ou.edu/provost/integrity

SEMINAR ACTIVITIES:

1. **Attendance is expected.** Course grade will be lowered by one letter grade after the second absence and by one additional letter grade for each subsequent absence. Absences may be excused only by petition to the Office of Freshman Programs. Student athletes will follow Athletic Department procedures.
2. **Readings and special writing assignments** must be completed prior to the class period for which they are due. Class discussion is based on the reading and/or assignment, and informed participation in discussion is expected. Writing Assignments will often accompany reading assignments and are due at the beginning of the class period for which they are assigned. Your name, date, and assignment title must be on each assignment. Like all professional work from leaders, only computer-generated/type-written papers will be graded.
3. **Weekly leadership journal writing** is expected; late journals are not accepted. Your weekly journal should be “typed” and submitted at the beginning of class each Tuesday. There is a specific topic for each week that will be outlined within the syllabus. Journals are privileged information and cannot be shared without your written permission.
4. **Leader-in-the-Field Interview.** Students will be required to meet a leader in the field he/she is interested in pursuing. The person selected for the interview must be approved by both of the seminar instructors in advance. Upon completion of the interview, the student will make an informal report to the class regarding the interview experience, as well as complete a journal entry regarding the assignment. This assignment is designed as an out-of-box experience and interviews of family members and/or close friends will not be accepted.
5. **Service Learning** is a major component of this Leadership Journey. The class will be divided into small groups that will create the leadership curriculum and deliver the lesson with a local grade school classroom. Some class time will be provided to develop the curriculum and your group plan will be reviewed with the instructors prior to delivery. These projects will be completed by noon on Tuesday, October 28th.
6. **Leadership OU Seminar Series.** Students will be required to attend 2 sessions of your choice between the time frame of September 16th and November 19th. A one-page review of your experience at each session will be due by the end of the course. If you are not able to attend any of these sessions, please work out an alternative plan with your instructors.
7. **Final Project.** Compare yourself to one of the leaders as listed on the Time Magazine web site: <http://www.time.com/time/time100/index.html>. Your final project should be approximately 3 pages in length, cite any sources utilized and is due at the beginning of class on Thursday, November 6th.

Point System:

Journals (10 pts each)	100 points
Participation	75 points
Quizzes (25 pts each)	50 points
Leadership OU Reports (25 pts each)	50 points
Service Learning Projects	50 points
Leader in the Field Report	50 points
<u>Final Project</u>	<u>75 points</u>
Total points possible	450 points

Grading Scale:

A	405 – 450
B	360 - 404
C	315 - 359
D	270 - 314
F	below 269

SCHEDULE:

WEEK ONE

Tuesday, August 26

In Class: Welcome and Introductions
Icebreaker
Electric Maze
Review Syllabus

Thursday, August 28

In Class: Center for Student Life, JP Audas
Conoco Student Leadership Wing Tour
Assign Team Leaders

WEEK TWO

Tuesday, September 2

DUE: Journal 1:
Write your short term (this year) and long term (4 years) goals for your college experience.

Prior to Class: Read Chapter 1: *Influence*

In Class: Get Acquainted Exercises
Sign Up for Seminars
Discussion: Chapter 1 — *Influence*

Thursday, September 4

Prior to Class: Read Chapter 2: *Priorities*

In Class: Service Learning Project Introduction
Service Learning Group Assignments
Leader in the Field Introduction
Discussion: Chapter 2 — *Priorities*

WEEK THREE

Tuesday, September 9

DUE: Journal 2: How do you perceive yourself as a leader? How do others perceive you as a leader?

In Class: LOCATION CHANGE – 311 Old Science Hall
Small Group Meetings

Thursday, September 11

Prior to Class: Read Chapter 3: *Integrity*

In Class: Quiz
Service Learning Project Curriculum Development
Schedule Small Group Meetings with Instructors
Small Groups Present Brainstorming Results

Discussion: Chapter 3 — *Integrity*

WEEK FOUR

Tuesday, September 16

In Class: National Issues Forum — Public Deliberation Experience
TOPIC — “By the People: Americans’ Role in the World”

DUE: Journal 3: Describe the most significant change you have experienced since arriving at OU.

Thursday, September 18

Service Learning Group Meetings

OU Question Cards

Alert to Journal Topic for Tuesday

WEEK FIVE

Tuesday, September 23

In Class: Presentation: Kristen Eckstein, Coordinator, Union Programming Board
"Completing Applications"
PACE Award Applications

Interviewing Skills

DUE: Journal 4: Do a random act of kindness and write about your experience.

Thursday, September 25

Prior to Class: Read Chapter 4: *Creating Positive Change*
Read Chapter 5: *Problem Solving*

In Class: Discussion: Chapter 4 — *Creating Positive Change*
Making Change Exercise (pp. 68-71)
Discussion: Chapter 5— *Problem Solving*

Public Speaking Exercise

WEEK SIX

Tuesday, September 30

In Class: LOCATION CHANGE: Huston Huffman — meet in lobby area
Dress comfortable and wear tennis shoes

Team Building Exercises

DUE: Journal 5: Complete an on-line leadership self-assessment and reflect on the experience and outcomes. Did you agree with the results? Please elaborate. Some links are available at www.leadership.ou.edu

Thursday, October 2

Prior to Class: Read Chapter 6: *Attitude*

In Class: Open Forum and Student Organization Involvement Discussion

Public Speaking Exercise

Discussion: Chapter 6 — *Attitude*

WEEK SEVEN

Tuesday, October 7

In Class: LOCATION CHANGE: Jacobson Hall
Molly Shi Boren Presentation Room, 2nd floor

Who's Who at OU — Light Lunch and Mingle with Administrators

DUE: Journal 6: What lessons did you learn from your Leader-in-the-Field Interview experience?

Thursday, October 9

Prior to Class: Read Chapter 7: *People*

In Class: Quiz

Leader in the Field Interview Reports

Introduce Final Project

Discussion: Chapter 7 — *People*

WEEK EIGHT

Tuesday, October 14

In Class: Stepping Outside the Box Experience
Zea Video

DUE: Journal 7: Complete Rosen's mental exercise "If..." on p. 144 of your text and explain why you chose what you chose.

Thursday, October 16

In Class: Team Dynamics: Carter Racing Exercise
Kerri Grigor, CFLD Graduate Assistant

WEEK NINE

Tuesday, October 21

Prior to Class: Read Chapter 8: *Vision*
Chapter 9: *Self-discipline*

In Class: LOCATION CHANGE: Sooner Room, OMU
Discussion: Chapter 8 —*Vision*
Chapter 9 — *Self-discipline*

DUE: Journal 8: Complete the following sentence with only one word and then write a one-page essay regarding its meaning.
“Leadership is _____.”

Thursday, October 23

Service Learning Project

WEEK TEN

Tuesday, October 28

In Class: LOCATION CHANGE: Jimmie Austin Golf Training Center
Coach Carol Ludvigson, OU Women’s Golf

DUE: Journal 9: Reflect on your service learning project experience.

Thursday, October 30

In Class: Mapping Your Student Leadership Path

WEEK ELEVEN

Tuesday, November 4

In Class: Public Speaking Exercise Continued

Due: Journal 10: Reflect on what I learned and what I wish I had learned in this class.

Thursday, November 6

In Class: Class Celebration — snacks provided

Final Project Due

Course/Instructor Evaluations